

	LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO
6.15-7.00		HYDROBIKE			HYDROBIKE	
08.30-09.15	HYDROBIKE		HYDROBIKE	HYDROBIKE	TREADMILL	AQUAMIX
09.15-10.00		ACQUAGYM		ACQUAGYM		
9.30-10.15	ACQUAGYM		ACQUAMIX		ACQUAGYM	ACQUAGYM ACQUA ALTA
10.15-11.00		AQUAPOLE		AQUAPOLE	ACQUAGYM ACQUA ALTA	
10.30-11.15	TREADMILL					
13.15-14.00		AQUAPOLE		HYDROBIKE	LES MILLS aquadynamic	
15.00-15.45			FUTURE MAMME			
18.00-18.45	AQUA JUMP	LES MILLS aquabodybike	ACQUAGYM	LES MILLS aquabodybike	ACQUAGYM	
19.00-19.45	AQUAPOLE	ACQUAGYM	AQUAPOLE	ACQUAGYM	AQUAPOLE	
20.00-20.45	ACQUAGYM ACQUALTA	TREADMILL	HYDROBIKE	TREADMILL	HYDROBIKE	