

	LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO
08.30-09.15						HYDROBIKE
09.15-10.00	ACQUAGYM ARGENTO	ACQUAGYM		ACQUAGYM ARGENTO	ACQUAGYM	
11.15-12.00						ACQUAGYM
13.00-13.45		TREADMILL		HYDROBIKE		
15.00-15.45			FUTURE MAMME			
18.15-19.00	IDROTERAPIA	HYDROBIKE	LES MILLS aquawork	HYDROBIKE		
19.15-20.00		ACQUAGYM ACQUA ALTA	LES MILLS aquadynamic	ACQUAGYM ACQUA ALTA	ACQUAGYM	
19.30-20.15	LES MILLS aquadynamic					
20.00-20.45		HYDROBIKE	TREADMILL	HYDROBIKE		
20.15-21.00	ACQUAGYM					